

Activities	Planned	Partly Fulfilled	Fulfilled	Outcome 1	Outcome 2	Outcome 3	Outcome 4	Outcome 5	Outcome 6	Outcome 7	Outcome 8	Outcome 9	Outcome 10	Outcome 11	Outcome 12	Outcome 13
				1	2	3	4	5	6	7	8	9	10	11	12	13
Publishing				1	2	3	4	5	6	7	8	9	10	11	12	13
Take a course in scientific writing and publishing			x	1	1		1	1		1		1	1	1	1	
Review someone else's manuscript			x	1	1		1	1		1		1	1	1	1	
With much input from supervisors/colleagues																
Choose journals for publishing			x	1	1		1	1		1		1	1	1	1	
Define the content of articles			x	1	1		1	1		1		1	1	1	1	
Decide which data to publish and make publishable figures			x	1	1		1	1		1		1	1	1	1	
Write manuscripts			x	1	1		1	1		1		1	1	1	1	
Revise manuscripts based on received feedback			x	1	1		1	1		1		1	1	1	1	
Submit manuscripts for publishing			x	1	1		1	1		1		1	1	1	1	
With some input from supervisors/colleagues																
Choose journals for publishing	x			0	0		0	0		0		0	0	0	0	
Define the content of articles	x			0	0		0	0		0		0	0	0	0	
Decide which data to publish and make publishable figures			x	1	1		1	1		1		1	1	1	1	
Write manuscripts	x			0	0		0	0		0		0	0	0	0	
Revise manuscripts and ask for necessary feedback			x	1	1		1	1		1		1	1	1	1	
Submit manuscripts for publishing	x			0	0		0	0		0		0	0	0	0	
Literature				1	2	3	4	5	6	7	8	9	10	11	12	13
Read and understand recommended literature from supervisors/colleagues			x	1	1		1	1		1		1	1	1	1	
Read and understand literature that I find			x	1	1		1	1		1		1	1	1	1	
Write main part of introduction of articles			x	1	1		1	1		1		1	1	1	1	
Choose relevant references for manuscripts			x	1	1		1	1		1		1	1	1	1	
Find relevant references for my field of research			x	1	1		1	1		1		1	1	1	1	
Use a reference management software	x			0	0		0	0		0		0	0	0	0	
Recommend literature to colleagues			x	1	1		1	1		1		1	1	1	1	
Project Planning				1	2	3	4	5	6	7	8	9	10	11	12	13
Execute the plan my supervisor(s) devise			x	1	1	1	1	1	1	1		1	1	1	1	
Come with input/suggestions to the plan my supervisor(s) devise			x	1	1	1	1	1	1	1		1	1	1	1	
Me and my supervisor contribute equally to the plan			x	1	1	1	1	1	1	1		1	1	1	1	
Plan my project activities independently with input from my supervisor(s)			x	1	1	1	1	1	1	1		1	1	1	1	
Execute the plan I devise			x	1	1	1	1	1	1	1		1	1	1	1	
Identify what areas I need to learn more about in order to execute the project plan			x	1	1	1	1	1	1	1		1	1	1	1	
Method/Technique				1	2	3	4	5	6	7	8	9	10	11	12	13
Name of method/technique: Program A (change to your own)																
Be familiar with the areas of use for this method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be familiar with the limitations of this method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to teach the method/technique to a colleague			x	1	1		1	1	1	1		1	1	1	1	
Independently																
Be able to use the method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to interpret the results from the method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to put the results from the method/technique into a context			x	1	1		1	1	1	1		1	1	1	1	
Be able to design and develop my own program to analyze recorded data			x	1	1		1	1	1	1		1	1	1	1	
Name of method/technique: Experimental technique B (change to your own)																
Be familiar with the areas of use for this method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be familiar with the limitations of this method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to teach the method/technique to a colleague			x	1	1		1	1	1	1		1	1	1	1	
Together with supervisor/colleague																
Be able to use the method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to interpret the results from the method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to relate the results from the method/technique to other methods/techniques			x	1	1		1	1	1	1		1	1	1	1	
Be able to put the results from the method/technique into a context			x	1	1		1	1	1	1		1	1	1	1	
Be able to design and develop my own experimental setup and procedures			x	1	1		1	1	1	1		1	1	1	1	
With some input from supervisor/colleague																
Be able to use the method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to interpret the results from the method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to relate the results from the method/technique to other methods/techniques			x	1	1		1	1	1	1		1	1	1	1	
Be able to put the results from the method/technique into a context			x	1	1		1	1	1	1		1	1	1	1	
Be able to design and develop my own experimental setup and procedures			x	1	1		1	1	1	1		1	1	1	1	
Independently																
Be able to use the method/technique	x			0	0		0	0	0	0		0	0	0	0	
Be able to interpret the results from the method/technique	x			0	0		0	0	0	0		0	0	0	0	
Be able to relate the results from the method/technique to other methods/techniques	x			0	0		0	0	0	0		0	0	0	0	
Be able to put the results from the method/technique into a context	x			0	0		0	0	0	0		0	0	0	0	
Be able to design and develop my own experimental setup and procedures	x			0	0		0	0	0	0		0	0	0	0	
Be able to design and develop my own program to control instrument and record data	x			0	0		0	0	0	0		0	0	0	0	
Name of method/technique: Theoretical method C (change to your own)																
Be familiar with the areas of use for this method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be familiar with the limitations of this method/technique			x	1	1		1	1	1	1		1	1	1	1	
Be able to teach the method/technique to a colleague			x	1	1		1	1	1	1		1	1	1	1	
Together with supervisor/colleague																
Be able to use the method/technique	x			1	1		1	1	1	1		1	1	1	1	

Activities	14	115	91	79
Fulfilled	10			
Total Activities				
Total Fulfilled				
Total Fulfilled [%]				

Be able to interpret the results from the method/technique		x	1	1	1	1	1	1	1			
Be able to relate the results from the method/technique to other methods/techniques		x	1	1	1	1	1	1	1			
Be able to put the results from the method/technique into a context		x	1	1	1	1	1	1	1			
Be able to design and develop my own method and procedures		x	1	1	1	1	1	1	1			
With some input from supervisor/colleague												
Be able to use the method/technique		x	1	1	1	1	1	1	1			
Be able to interpret the results from the method/technique		x	1	1	1	1	1	1	1			
Be able to relate the results from the method/technique to other methods/techniques		x	1	1	1	1	1	1	1			
Be able to put the results from the method/technique into a context		x	1	1	1	1	1	1	1			
Be able to design and develop my own method and procedures		x	1	1	1	1	1	1	1			
Independently												
Be able to use the method/technique		x	0	0	0	0	0	0	0			
Be able to interpret the results from the method/technique		x	0	0	0	0	0	0	0			
Be able to relate the results from the method/technique to other methods/techniques		x	0	0	0	0	0	0	0			
Be able to put the results from the method/technique into a context		x	0	0	0	0	0	0	0			
Be able to design and develop my own method and procedures		x	0	0	0	0	0	0	0			
Teaching			1	2	4	6	7	9	11	13		
Pass the science education course		x	1	1	1	1	1	1	1	1	9	
Give lectures		x	1	1	1	1	1	1	1	1	7	
Hold exercise sessions		x	1	1	1	1	1	1	1	1		
Teach in lab sessions		x	1	1	1	1	1	1	1	1		
Take part in developing my own teaching material/lab		x	0	0	0	0	0	0	0	0		
Take part in developing exercise sessions		x	1	1	1	1	1	1	1	1		
Take part in developing undergraduate projects		x	1	1	1	1	1	1	1	1		
Teach my successors about the teaching activities they take over		x	1	1	1	1	1	1	1	1		
Supervise undergraduate students with their thesis work / project course		x	0	0	0	0	0	0	0	0		
Courses			1	2	3	4	5	6	9	10	12	13
Pass the scientific methods and research practice course		x	1	1	1	1	1	1	1	1	7	6
Take compulsory courses stated in the general study plan for my research field		x	1	1	1	1	1	1	1	1	1	1
Choose courses and schedule when to participate and verify with my supervisor		x	1	1	1	1	1	1	1	1	1	1
Taken subject specific courses		x	1	1	1	1	1	1	1	1	1	1
Take interdisciplinary courses to broaden my field		x	1	1	1	1	1	1	1	1	1	1
Identify relevant courses for my research either at IFM or outside		x	1	1	1	1	1	1	1	1	1	1
Take a course in entrepreneurship		x	0	0	0	0	0	0	0	0	0	0
Presentations/Conferences/Workshops/Seminars			1	2	3	4	5	6	9	11	12	13
Take a course in presentation techniques		x	0	0	0	0	0	0	0	0	0	0
Attend division/sub-division meetings		x	1	1	1	1	1	1	1	1	1	1
Present my research at division and sub-division meetings		x	1	1	1	1	1	1	1	1	1	1
Attend seminars at IFM		x	1	1	1	1	1	1	1	1	1	1
Attend licentiate presentations and dissertations		x	1	1	1	1	1	1	1	1	1	1
Attend graduate school seminars		x	1	1	1	1	1	1	1	1	1	1
Present my research at a graduate school seminar		x	1	1	1	1	1	1	1	1	1	1
Give constructive feedback to a presenter		x	1	1	1	1	1	1	1	1	1	1
Receive constructive feedback and reflect on my presentation skills		x	1	1	1	1	1	1	1	1	1	1
Chair a seminar		x	1	1	1	1	1	1	1	1	1	1
Give a popular science presentation		x	0	0	0	0	0	0	0	0	0	0
Find an appropriate conference by myself		x	1	1	1	1	1	1	1	1	1	1
Submit an abstract for a conference		x	1	1	1	1	1	1	1	1	1	1
Attend a conference		x	1	1	1	1	1	1	1	1	1	1
Present a poster with my research at a conference		x	1	1	1	1	1	1	1	1	1	1
Give an oral presentation of my research at a conference		x	0	0	0	0	0	0	0	0	0	0
Collaborations			1	2	4	5	6	7	9	10	11	12
Participate in a collaboration initiated by my supervisor		x	1	1	1	1	1	1	1	1	1	1
Participate in a collaboration initiated by a third party		x	1	1	1	1	1	1	1	1	1	1
Receive help from fellow PhD students		x	1	1	1	1	1	1	1	1	1	1
Give help to another PhD student		x	1	1	1	1	1	1	1	1	1	1
Participate in an in-house collaboration		x	1	1	1	1	1	1	1	1	1	1
Participate in a collaboration with researchers outside of IFM		x	1	1	1	1	1	1	1	1	1	1
Be responsible for sub goals within a collaboration		x	1	1	1	1	1	1	1	1	1	1
Take a leading role in a collaboration		x	1	1	1	1	1	1	1	1	1	1
PhD Dissertation									8			
Print my Licentiate thesis		x							1			
Defend my Licentiate thesis		x							1			
Print my PhD thesis		x							0			
Defend my PhD thesis		x							0			

9

7

7

6

16

13

8

8

4

2

Outcome	Total	Fulfilled	Fulfilled [%]
1	111	89	80
2	111	89	80
3	29	25	86
4	90	73	81
5	102	82	80
6	111	89	80
7	67	54	81
8	4	2	50
9	54	44	81
10	72	59	82
11	47	38	81
12	51	43	84
13	46	36	78