# Fasting affects foraging costs in



# Steller sea lions



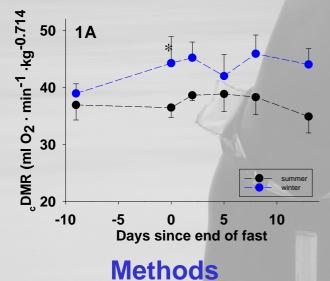


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Assess how periods of fasting (summer vs. winter) affect the metabolic cost of foraging in Steller sea lions (Eumetopias jubatus), by measuring changes in diving (DMR) and surface (MR<sub>s</sub>) metabolic rates.



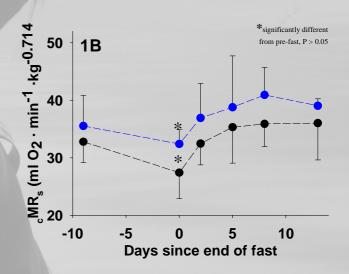
- 3 trained female Steller sea lions
- DMR and MR<sub>s</sub> were measured using flow through respirometry, before and after a 9-10 day fast and during a 14 day recovery
- summer vs. winter; dive depth; 10-50 m
- Trials: ~6 min pre-dive rest followed by 4-6 dives, with a ~6 min recovery between dives
- Analysis: mass corrected metabolic rate (cDMR, cMRs; VO2/kg-0.714)

# Conclusions

DMR increased after fast, especially in the winter, suggesting an increase in convective heat loss when diving. During a 14 day recovery, available foraging time decreased with 18% in the winter and 5% in the summer.

# **Background**

Female Steller sea lions fast for ~8–10 days following the birth of their pups. Periods of fasting can also occur due to food shortage.



## Results

## **Directly after fast:**

<sub>c</sub>DMR summer: no change

winter: +13.5 %\* (Fig 1A)

<sub>c</sub>MR<sub>s</sub> summer: -16.4 %\*

winter: -8.0 %\* (Fig 1B)

## 14 day recovery:

The increase in <sub>c</sub>DMR after fast resulted in a -18 % decrease in foraging time in the winter and -5 % in the summer.